

# March 2025

## EUREKA SENIOR CENTER



THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

**Monday – Friday, Soup is served at 11:30. We serve Lunch from 12:00-12:30 pm.**

**We provide 100% fruit juice and milk daily.**

**HOMEBOUND CLIENTS: For any meal cancellations or additions, please call before 7:00 AM When it's breakfast & 9:30 am when it's lunch. 237-5597**

**If you do not call, there will be no changes to the delivery list. Thank You**

MON.	TUES.	WED.	THURS.	FRI.
3. Chicken Patty Sandwich Tator Tots Broccoli & Cauliflower Fr. Berry Cup	4. Beef Fajitas Mexicorn Refried Beans Apple Crisp	5. Pizza Macaroni Salad Pineapple Tapioca	6. Roast Beef Red Potatoes & Gravy Pea's & Carrots Fruit in Jell-O Garlic Bread	7. <b>Breakfast @ 9 AM</b> Eggs Benedict Sliced Ham Hash browns Yogurt V-8
10. Tuna Noodle Casserole Herbed Veg. Medley Applesauce Corn Bread Brownie	11. Cheeseburger Beans w/ Bacon Potato Salad Mandarin Oranges	12. Pork Loin Potatoes & Gravy Brussel Sprouts Fruit in Jell-O	13. Beef & Broccoli Over White Rice Egg Roll Peaches	14. <b>Breakfast @ 9 AM</b> Chicken Fried Steak w/ Gravy Hashbrowns Fruited Yogurt OJ
17. Chicken Strips French Fry's Green Beans Mixed Fruit	18. Corn Beef & Cabbage Potatoes & Carrots Green Fruit in Jell-O WW Roll Cupcake & Ice Cream	19. Mexican Meatball Rice Asparagus Pineapple	20. Turkey Potatoes & Gravy Zucchini Applesauce	21. <b>Breakfast @ 9 AM</b> French Toast Corn Beef Hash Fruited Yogurt V8
24. Chicken Cordon Blue Alfredo Noodles Brussel Sprouts Mandarin Oranges	25. Salisbury Steak Potatoes & Gravy Pea's Peach Cobbler WW Bread	26. BBQ Pork on WW Bun Corn Piccadillies Fruit in Jell-O	27. Fish Tacos Beans Rice Pilaf Tropical Fruit	28. <b>Breakfast @ 9 AM</b> Ham, Egg Breakfast Sandwich Hashbrowns Fruited Parfait OJ
31. Hot Beef on Sliced Bread Mashed Potatoes & Gravy Cream Corn Pineapple				

March 2025

Laurie

**EUREKA SENIOR CENTER**



THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Friday, the Salad or Soup Bar is out at 11:30. We serve Lunch from 12:00-12:30 pm.

We provide 100% fruit juice and milk daily.

**HOMEBOUND CLIENTS:** For any meal cancellations or additions, please call before 7:30 AM When it's breakfast & 9:30 am when it's lunch. 237-5597

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MON.	TUES.	WED.	THURS.	FRI.
3. Potato Corn Chowder Grilled Cheese Sandwich on WW Bread Orange Spinach Salad Tropical Fruit #71	4. Thin and Crispy Pizza Chef's Salad Broccoli Mixed Berry Cup #148	5. Roast Beef Red Potatoes & Gravy Pea's & Carrots Pineapple WW Garlic Bread Stick	6. LS BLT on WW Bread Lentil Soup Mandarin Oranges	7. <b>Breakfast @ 9 AM</b> Eggs Benedict LS Sliced Ham Eggs w/ Onions Hashbrowns Fruited Parfait OJ
10. Pork Loin Beans W/ Bacon Potato Salad Spring Salad Tropical Fruit #149	11. Tuna Noodle Casserole Herbed Veg. Medley Sliced Tomatoes Oatmeal Date Bar WW Bread #56	12. Meat Loaf Potatoes & Mushroom Gravy Brussel Sprouts WW Roll Tropical Fruit	13. Chicken Fajitas Mexicorn Refried Beans Tropical Fruit	14. <b>Breakfast @ 9 AM</b> Chicken Fried Steak w/ Gravy Eggs w/ Peppers Fruited Yogurt V8
17. Mexican Meatball Rice Zucchini Corn Tortilla Green Salad Papaya #33	18. Corn Beef & Cabbage Potatoes & Pea's Apple WW Roll Cupcake & Ice Cream	19. Chicken Strips French Fry's Green Salad Carrot Raisin Salad Baked Banana WW Bread #123	20. Turkey Potatoes & Gravy Asparagus Mandarin Oranges	21. <b>Breakfast @ 9 AM</b> French Toast Eggs Potatoes w/ Onion & Mushroom Fruited Yogurt OJ
24. Loaded Beef Nachos Spanish Rice Refried Beans Carrots Chips & Salsa Peaches	25. Salisbury Steak Potatoes & Gravy Pea's Mixed Fruit WW Bread	26. BBQ Pork on WW Bun Corn Spinach Coleslaw Citrus Delight #120	27. Fish Tacos Coleslaw French Fries Green Salad Strawberries #6	28. <b>Breakfast @ 9 AM</b> LS Ham, Egg, Spinach Breakfast Sandwiches Hashbrowns Fruited Parfait V8
31. Beef Stew WW Noodles Garden Salad Mixed Berry Cup #16				

# March 2025

## FANNIE KOMP SENIOR CENTER

**MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.**

Monday – Thursday, we serve lunch from 12:00 to 12:30 PM. Friday is Breakfast 9:00am. We provide an assortment of beverages.

HOMEBOUND CLIENTS: Any meal cancellations or additions,

**Please call before 7:00 AM when it is Breakfast & 9:30 AM when its Lunch 775-468-0466**

If you do not call before this time, there will be no changes to the delivery list. Thank You.

MON.	TUES.	WED.	THURS.	FRI.
<p style="text-align: right;">3.</p> <p>Beef enchilada On w/w tortilla Refried beans Spanish rice Salsa &amp; sour cream Diced pears milk</p>	<p style="text-align: right;">4.</p> <p>Seafood chowder Egg salad sandwich Frozen raspberries f/f yogurt orange banana juice</p>	<p style="text-align: right;">5.</p> <p>Baked chicken Mashed potato w/ gravy steamed broccoli w/w dinner roll 3 bean salad fresh banana</p>	<p style="text-align: right;">6.</p> <p>Stuffed cabbage Steamed carrots w/w bread apple crisp 1% milk</p>	<p style="text-align: right;">7.</p> <p>Chicken fried steak w/ pepped gravy Scrambled eggs with onion and peppers w/w English muffin fresh orange l/s v-8</p>
<p style="text-align: right;">10.</p> <p><b>Food Bank</b> Meatball sub On w/w bun Potato salad Sliced tomato Baked beans Peach's milk</p>	<p style="text-align: right;">11.</p> <p>Grilled Chicken Scalloped potato Steamed cauliflower w/w dinner roll Green salad Spiced apple sauce</p>	<p style="text-align: right;">12.</p> <p>Chef salad Lentil soup Mandarin oranges Oatmeal muffin square 1% milk</p>	<p style="text-align: right;">13.</p> <p>Stuffed manicotti Steamed spinach w/w garlic bread green salad apricot halves</p>	<p style="text-align: right;">14.</p> <p>Spanish omelet w/w English muffin smart balance unsalted orange sections 1% milk</p>
<p style="text-align: right;">17.</p> <p>Corned beef &amp; cabbage w/ red potato and steamed carrots w/w dinner roll green salad diced pears cup cakes</p>	<p style="text-align: right;">18.</p> <p>Chicken cacciatore Herbed vegetable medley Cucumber in sour cream w/w dinner roll smart balance unsalted citrus delight 1% milk</p>	<p style="text-align: right;">19.</p> <p>Sweet Italian sausage w/ peppers &amp; onion whole wheat noodles steamed broccoli Mixed Green salad l/s Italian dressing fresh banana 1% milk</p>	<p style="text-align: right;">20.</p> <p><b>Food bank</b> cheese pizza Steamed spinach Minestrone soup Green salad 3 bean salad Mixed berry cup</p>	<p style="text-align: right;">21.</p> <p>Biscuits &amp; gravy Scrambled eggs w/ peppers and onion Yogurt with fruit Apple juice</p>
<p style="text-align: right;">24.</p> <p>l/s BLT On w/w Potato fries w/ Lettuce &amp; tomato Baked beans Apple slices w/ peanut butter milk</p>	<p style="text-align: right;">25.</p> <p>Beef stew Whole wheat noodles Garden salad Mixed berry cup 1% milk</p>	<p style="text-align: right;">26.</p> <p>Smothered pork chops Stuffing Seasoned green beans w/w dinner roll diced pears fresh orange</p>	<p style="text-align: right;">27.</p> <p>Tuna salad wrap on w/w tortilla Streamed peas Broccoli salad Tropical fruit</p>	<p style="text-align: right;">28.</p> <p>Scrambled egg Country Hash brown w/w bagel cream cheese jelly 100% vegetable juice banana 1% milk</p>
<p style="text-align: right;">31.</p> <p>Baked fish Rice pilaf Asparagus w/w dinner roll Sliced beets Mixed berry cup milk</p>				

**March 2025**  
**FANNIE KOMP CENTER**  
**CALENDAR**  
 Happy Birthday to our seniors in Green

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.1.
						1.
2.	3.	4.	5. George Cervantes	6. Men's Elko trip	7. Gary Armknacht	8. <b>BINGO</b> 2 PM @ THE SENIOR CENTER
9.	10. Food bank  Lonnie Supanchick	11.	12.	13. Women's Elko trip  Tracy Moylan	14. Golden grocery  Marshall Davis	15.
16.	17. Terry Foster	18.	19.	20. Food bank	21.	22. Tressa Pitman <b>BINGO</b> 2 PM @ THE SENIOR CENTER
23.	24.	25.	26.	27.	28.	29.
30. Steven Hose	31.	<b>Happy Birthday to our seniors in Green</b> <b>And staff in purple</b>				

To everyone celebrating a birthday this month, "Happy Birthday"!  
 Bus leaves @ 8:00 am for The Elko trips Weather Permitting!  
 Food bank 10am to 11am / Golden grocery 10am to 12pm  
 Breakfast is every Friday at 9:00 am. We look forward to seeing you there.