

January 2025

EUREKA SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Friday, soup is served at 11:30. We serve lunch from 12:00 -12:30 pm

We provide 100% fruit juice and milk.

Home-bound Clients: For meal cancellations or additions, please call before 7:30 when it's breakfast and 9:30 for lunch. 237-5597

MON.	TUES.	WED.	THURS.	FRI.
		1. 	2. French Dip French Fries Brussel Sprouts Peaches	3. Breakfast 9:00 Chicken Fried Steak Gravy Scrambled Eggs Hashbrowns Fruited Yogurt OJ
6. Breaded Chicken on WW Bun Corn Tater Tots Mandarin Oranges	7. Ham & Bean Soup W/ Fry Bread Apple Coleslaw Birthday Cake & Ice Cream	8. Beef Pot Roast Potatoes & Gravy Asparagus Fruit in Jell-O Bread	9. Chili Dog Mac & Cheese Green Beans Mixed Fruit	10. Breakfast 9:00 Egg, Ham, Onion, Cheese Breakfast Croissant Hashbrowns Fruited Yogurt V8
13. Beef & Broccoli Stir Fry White Rice Egg Roll Pineapple	14. Clam Chowder Egg Salad Sandwich Chips Fruit in Jell-O	15. Turkey Potatoes & Gravy Pea's Mandarin Oranges Focaccia Bread	16. Stuffed Pepper Green Beans Cherry Crisp	17. Breakfast 9:00 French Toast Fried Eggs Bacon Fruited Yogurt OJ
20. Closed (Martin Luther King Jr. Day)	21. Philly Cheeseburger on WW Bun Cheesy Broccoli & Cauliflower Piccadillies Peaches	22. Turkey Pot Pie Fruit in Jell-O Cookie Bread	23. Chicken Enchiladas Mexicorn Refried Beans Tropical Fruit	24. Breakfast 9:00 Biscuit & Gravy Sausage Links Fried Eggs Fruited Yogurt V8
27. Potato Fish Cream of Broccoli Soup Rice Pilaf Apple Crisp Cheddar Bay Biscuit	28. Pork Chops Potatoes & Gravy Asparagus Mandarin Oranges WW Roll	29. Corn beef & Cabbage Oven Potatoes & Carrots Fruit in Jell-O	30. Pizza Coleslaw Tropical Fruit Rice Crispy Treat	31. Breakfast 9:00 Oatmeal Sausage Pattie Scrambled Eggs Fruited Yogurt WW Toast OJ

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EUREKA SENIOR CENTER CALENDAR

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
			1.  David Blanco John Lundstrom	2. Raines Market 9:00 AM Bertie Morrison	3. Breakfast 9:00 AM Food Bank 1:00-2:00 Rhonda Brown	4.
5. Donna Bradish	6. Vera Baumann Darlene Moody Kirk Smith Ricard Tissue	7. ELKO TRIP 7:00 AM Bingo 1:00 to 2:30 Bob Dory	8.	9. Raines Market 9:00 AM Golden Groceries 1:00-2:30 Larry McMaster	10. Breakfast 9:00 AM Michael Podborny	11.
12.	13. Patti Benson	14. Bingo 1:00 to 2:30	15. Food Bank 1:30- 2:30 David Ausman Kelly Hoekenga	16. Raines Market 9:00 AM George Whitten	17. Breakfast 9:00 AM	18. Edward Regalado
19. Leo Damele Melody Garaventa	20. CLOSED (Martin Luther King Jr. Day) Bernice Hicks Carol Manz	21. Bingo 1:00 to 2:30	22.	23. Raines Market 9:00 AM Diane Podborny	24. Breakfast 9:00 AM Louie Gomes	25.
26.	27.	28. Bingo 1:00 to 2:30	29. James Ithurralde	30. Raines Market 9:00 AM	31. Breakfast 9:00 AM	

**To everyone celebrating a birthday this month, "Happy Birthday"!
The Elko trip is Tuesday, January 7th @ 7:00, Weather Permitting!
Breakfast is every Friday at 9:00 am. We look forward to seeing you there.**

January 2025

Fannie Komp Senior Center

MENU MAY CHANGE DUE TO AVAILABILITY OF PRODUCTS.

Monday – Thursday, we serve lunch from 12:00 to 12:30 PM. Friday we serve breakfast @ 9:00 am

We provide milk ,100% fruit juice and iced tea daily.

HOMEBOUND CLIENTS: Any meal cancellations or additions,

Please call before 7:30 AM when it is Breakfast & 9:30 AM when its Lunch 775-468-0466

If you do not call before this time, there will be no changes to the delivery list. Thank You.

MON.	TUES.	WED.	THURS.	FRI.
		1. closed	2. Seafood chowder Egg salad sandwich Frozen raspberries f/f vanilla yogurt orange juice #12	3. Scrambled eggs with spinach l/s bacon w/w toast fresh banana milk
6. food bank Baked meat loaf Mashed potatoes Steamed spinach 100% w/w bread Chantilly fruit cup 1% milk #8	7. Baked fish Rice pilaf Asparagus w/w roll chickpea salad mixed fruit	8. Black bean soup w/w l/s crackers low fat cheese broccoli salad pear 1% milk #22	9. Open face hot turkey on w/w bread Mashed potatoes w/ gravy Steamed carrots 3 bean salad Spiced apple sauce	10. golden grocery French toast scrambled eggs w/ peppers and onion l/s v-8 yogurt with fruit
13. Pulled pork on w/w bun Baked beans Broccoli salad Potato salad Apple pie milk	14. Minestrone soup Grilled cheese sandwich Sliced tomato Chopped romaine l/f l/s French dressing fresh kiwi milk #36	15. Beef enchiladas On w/w tortilla Refried beans Spanish rice Salas and sour cream Tapioca pudding Fresh banana	16. food bank Chicken fried steak Mashed potato w/ gravy Peas and carrots w/w dinner roll Mixed berry cups	17. Spanish omelet Oatmeal Mixed grain bread l/s creamy peanut butter orange 1% milk #196
20. closed	21. Tuna salad on w/w bread Vegetable soup Pickled beets Diced peaches w/ cottage cheese	22. Stuffed pepper Spinach spaghetti Mixed greens l/f l/s Italian dressing garlic bread nectarine 1% milk #61	23. Roma burger Romaine lettuce Ketchup, mayo Corn on cob Baked beans Cantaloupe 1% milk #92	24. Biscuits and gravy Scrambled eggs with spinach Yogurt parfait Orange juice
27. Chicken strips potato fries Baked beans Broccoli salad Fresh apple	28. Turkey chili Rye bread Smart balance unsalted Layered salad 1% milk #77	29. Beef pot roast w/ mixed veg Au gratin potatoes Cucumber tomato Salad w/w roll pineapple w/ cottage cheese	30. l/s tomato soup holiday sub baby carrots apricot halves 1% milk #106	31. German pancakes Scrambled eggs Country potatoes w/ peppers and onion w/w English muffin apricot's l/s v-8

Have a happy and safe new year from the staff at the Fannie Komp Senior Center

January 2025

FANNIE KOMP CENTER CALENDAR

Happy Birthday to our seniors in green

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.1.
			1. Closed	2. Men's Elko trip	3.	4.
5.	6. Food bank Howard Wright	7.	8.	9. Women's Elko trip	10. Golden grocery Wayne Fairbanks	11.
12.	13. Deborah Addenbrooke Carol Caldwell	14.	15. Lon Sellard	16. Food bank	17.	18.
19. Thelma Swanson	20. Closed Charles Kellerman	21.	22.	23.	24.	25.
26.	27.	28.	29.	30. Kathleen Kinkade	31.	

To everyone celebrating a birthday this month, in green "Happy Birthday"!

Bus leaves @ 8am for The Elko trips Weather Permitting!

Food bank 10am to 11am / Golden grocery 10am to 12pm

Breakfast is every Friday at 9:00 am. We look forward to seeing you there.