

# APRIL 2025

## FANNIE KOMP SENIOR CENTER

MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Thursday, we serve lunch from 12:00 to 12:30 PM. Friday we serve breakfast @ 9:00 am

**We provide milk ,100% fruit juice and iced tea daily.**

HOMEBOUND CLIENTS: Any meal cancellations or additions,

Please call before 7:30 AM when it is Breakfast & 9:30 AM when its Lunch 775-468-0466

If you do not call before this time, there will be no changes to the delivery list. Thank You.

MON.	TUES.	WED.	THURS.	FRI.
	1. Shepherd's pie Fresh spinach 1/s Italian dressing apricot bran muffin banana 1% milk	2. Chicken & gravy Mashed potatoes Steamed asparagus 3 bean salad Fresh orange	3. Baked cod Brown rice Asparagus Cucumber tomato salad Fresh apple	4. French toast w/ syrup 1/s Bacon watermelon 1% milk 1/s v-8
7. <b>FOOD BANK</b> Chicken Caesar salad Potato corn chowder w/w dinner roll tropical fruit	8. Stuffed pepper Steamed spinach w/w garlic toast green salad apple sauce	9. L/S tomato soup Grilled cheese 3 bean salad Sliced peaches 1% milk	10. Sloppy joe on w/w bun baked beans baby carrots fruit cocktail in juice 1% milk	11. <b>GOLDEN GROCERY</b> Biscuits and gravy Scrambled eggs Country potatoes w/ peppers and onion Yogurt w/ fruit milk
14. Egg drop soup Chicken egg roll L/S Sweet & sour sauce Fried rice Steamed broccoli Fresh mango cubes 1% milk	15. Cajun chicken Red beans & rice Green salad Cottage cheese w/ pineapple	16. Beef and broccoli Steamed rice 3 bean salad w/w dinner roll diced peaches	17. <b>FOOD BANK</b> Fish taco Frijoles charros Honey dew melon Cantaloupe melon 1% milk Corn low sodium	18. L/s sausage egg and cheese on w/w biscuit hash brown yogurt w/ fruit apple juice
21. Turkey wrap On w/w tortilla 7 bean soup w/w crackers fresh apple	22. Hungarian goulash w/ carrots and peppers w/w dinner roll brown rice green salad diced peaches	23. Red bean minestrone w/w dinner roll Green salad Fresh banana milk	24. Herb crusted pork chops Baked yams Green beans Pear halves w/w dinner roll smart balance unsalted 1% milk	25. Plain omelet Ls/S Bacon Hash brown Fruity breakfast parfait Orange juice 1% milk
28. Salisbury steak w/ mushroom gravy w/w egg noodles steamed green beans with red bell pepper w/w dinner roll fresh orange	29. Chili cheese baked potato Steamed carrots w/w banana muffin f/f blueberry yogurt orange banana juice	30. Seafood chowder Egg salad Frozen raspberries f/f yogurt orange banana juice		

# April 2025


## EUREKA SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Thursday, Salad is served at 11:30. We serve Lunch from 12:00-12:30 pm. Friday's Breakfast @ 9:00  
We provide 100% fruit juice and milk daily.

**HOMEBOUND CLIENTS:** For any meal cancellations or additions, please call before **7:00 AM when it's breakfast & 9:30 am when it's lunch.** 237-5597

If you do not call, there will be no changes to the delivery list. Thank You

MON.	TUES.	WED.	THURS.	FRI.
	<p>1. Herb Chicken Broccoli/ Cauliflower Rice Pilaf Cherry Crisp Cookies</p>	<p>2. Philly Cheese Steak on Hoagie roll French Fry's Asparagus Mixed Fruit</p>	<p>3. Salmon Alfredo Noodles Mixed Veg. Roll Fruit n Jello</p>	<p>4. <b>Breakfast 9 AM</b> Kielbasa, Potato, Cheese, Onion, Bell Pepper Breakfast Skillet Berry Cup V8</p>
<p>7. Sloppy Joe Baked Beans Corn Peaches</p>	<p>8. Ham Scalloped Potatoes Green Bean Fruit in Jell-O Ice Cream &amp; Cake</p>	<p>9. Chicken Fried Steak Potatoes &amp; Gravy Brussel Sprouts Tropical Fruit Bread</p>	<p>10. Pork Loin Rice Pilaf Carrots Applesauce</p>	<p>11. <b>Breakfast 9 AM</b> Pancakes Eggs Bacon Fruit Cups OJ</p>
<p>14. Chicken Alfredo Pasta Asparagus Pineapple Garlic Bread</p>	<p>15. Roast Beef Potatoes &amp; Gravy Cal Blend Veg. Fruit in Jell-O Roll</p>	<p>16. Potato Crusted Fish Corn Scalloped Potatoes Peaches</p>	<p>17. Beef Tacos Refried Beans Spanish Rice Tropical Fruit</p>	<p>18. <b>Breakfast 9 AM</b> Biscuits &amp; Gravy Sausage Links Eggs Fruited Parfait V8</p>
<p>21. Chili Cheese Baked Potato Broccoli &amp; Cheese Mandarin Oranges</p>	<p>22. White Sauce Chicken Enchiladas Side Salad Fruit in Jell-0</p>	<p>23. Turkey Potatoes &amp; Gravy Bread Green Beans Peaches</p>	<p>24. Stuffed Bell Pepper Carrots Mixed Fruit Cornbread Rice Krispy Treat</p>	<p>25. <b>Breakfast 9 AM</b> Bacon Fried Eggs Potatoes O'Brien with Peppers &amp; Onion Frozen Berry Cup OJ</p>
<p>28. Cheeseburger Piccadillies Pea's Mandarin Oranges</p>	<p>29. Chicken Strip Wrap on Tortilla Macaroni Salad Pineapples</p>	<p>30. Beef Pot Pie Fruit in Jell-O Bread Cookie</p>	