

SEPTEMBER 2024

FANNIE KOMP SENIOR CENTER

MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Thursday, we serve lunch from 12:00 to 12:30 PM. Breakfast served @ 9 am on Friday

We provide an assortment of beverages.

HOMEBOUND CLIENTS: Any meal cancellations or additions,

Please call before 7:30 AM when it is Breakfast & 9:30 AM when its Lunch 775-468-0466

If you do not call before this time, there will be no changes to the delivery list. Thank You.

MON.	TUES.	WED.	THURS.	FRI.
<p>2. closed</p> 	<p>3. NIGHT DINNER</p> <p>Beef taco bar Refried beans Spanish rice w/w tortilla Lettuce & tomatoes Tres leche cake Dinner served @ 4:30 pm</p>	<p>4.</p> <p>Pork chops w/ mushroom gravy Baked potato Carrots Tossed salad Mixed berry cups Light sour cream Milk #159</p>	<p>5.</p> <p>Chicken noodle soup French bread pizza Colorful salad Yogurt pop Orange juice #128</p>	<p>6.</p> <p>Spinach mozzarella egg bake 1/s sausage patty breakfast parfait whole wheat toast orange juice</p>
<p>9.</p> <p>Oven roasted chicken brown rice Baked yellow squash Green salad w/w dinner roll Warm fruit compote</p>	<p>10.</p> <p>Cream of broccoli soup Lemon baked fish Steamed brown rice Cauli, carrots & peas Colorful salad vinaigrette dressing Royal brownie milk #114</p>	<p>11.</p> <p>Pizza lasagna roll-ups Garlic toast Steamed spinach 3 bean salad Peaches</p>	<p>12.</p> <p>Grilled hamburger on mixed grain bun 1/s catsup f/f mayo lettuce & tomato salad baked beans orange sections milk #136</p>	<p>13.</p> <p>1/s Chipped beef on w/w toast scrambled eggs w/ peppers and onions yogurt w/ blueberries apple juice</p>
<p>16.</p> <p>Turkey bean soup BLT sandwich Orange spinach salad Pear halves Milk #127</p>	<p>17.</p> <p>Chicken alfredo Steamed broccoli w/w Garlic toast 3 bean salad Apricot halves Apple juice</p>	<p>18.</p> <p>Beef enchiladas Colorful salad French dressing Fruit cocktail Zucchini & tomato salad Milk #164</p>	<p>19.</p> <p>Oven baked chicken Mashed potatoes w/ country gravy Corn on the cob Baked beans Cherry cobbler w/w dinner roll</p>	<p>20.</p> <p>Scrambled eggs 1/s bacon potatoes with peppers and onions banana grape juice</p>
<p>23.</p> <p>pork tender loin scalloped potatoes brussels sprouts w/w dinner roll 3 bean salad diced pears</p>	<p>24.</p> <p>Beef barley soup Bean chalupa w/w 1/s crackers orange spinach salad milk vanilla yogurt #171</p>	<p>25.</p> <p>Chicken ranch potatoes casserole Seasoned green beans Garlic bread Caprese salad Honeydew</p>	<p>26.</p> <p>Fish tacos Frijoles charros Honeydew & cantaloupe melon 1/s corn milk #168</p>	<p>27.</p> <p>Biscuits & gravy Scrambled eggs w/ spinach Hash brown Fresh orange cranberry juice</p>
<p>30.</p> <p>Garlic butter pork chops Mashed potatoes Seasoned green beans w/w dinner roll 3 bean salad peaches</p>				

September 2024

FANNIE KOMP CENTER CALENDAR

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.1.
1.	2.	3. Men's Elko trip Jacqueline Bullard John Wear	4.	5.	6. Sherry Henry	7.
8.	9. Food bank	10. Women's Elko trip	11. Larry Tindal	12.	13. Golden grocery's	14. Mary Frey Teri Hedegaard
15.	16. Imogene Cooper	17. Jimmie Davids Jerry Davidson	18.	19. Food bank Mike Caldwell	20. Sharron Riddle	21. Larry Bellows
22.	23. Pamela Redgate	24.	25.	26.	27.	28.
29. Rebecca Clouse	30.					

To everyone celebrating a birthday this month, in blue "Happy Birthday"!

Bus leaves @ 8am for The Elko trips Weather Permitting!

Food bank 10am to 11am / Golden grocery 10am to 12pm

Night dinner is on September 3rd. @ 4 pm

Breakfast is every Friday at 9:00 am. We look forward to seeing you there.

September 2024

EUREKA SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Thursday, salad or soup is served starting at 11:30. We serve Lunch from 12:00-12:30 pm.

We provide 100% fruit juices and milk daily.





HOMEBOUND CLIENTS: For any meal cancellations or additions, please call **before 7:30 AM** When it's breakfast & 9:30 am when it's lunch. 237-5597

If you do not call, there will be no changes to the delivery list. Thank You

MON.	TUES.	WED.	THURS.	FRI.
2. Closed 	3. Potato Crusted Fish Rice Pilaf Mixed Veggies Mixed Fruit	4. Chicken Enchiladas Mexicorn Refried Beans Fruit in Jell-0 Cookies	5. Roast Beef Potatoes & Gravy Zucchini Mandarin Oranges Focaccia Bread	6. Breakfast @ 9 AM Corn Beef & Hash Fried Eggs Fruited Yogurt Cinnamon Roll OJ
9. Pork Chops Potato & Gravy Cali Blend Veggies Apple Sauce	10. NIGHT DINNER @ 4:30 Steak Baked Potato Squash Frog Eye Salad Dinner Roll Brownie & Ice Cream	11. Corn Beef & Cabbage Potatoes & Carrots Fruit in Jell-0 Roll	12. French Dip French Fries Green Beans Pineapple	13. Breakfast @ 9 AM Ham, & Egg Breakfast Sandwiches Hashbrowns Fruited Yogurt V8
16. Beef Taco Salad Beans Chips & Salsa Peaches	17. Pizza Coleslaw Fruit in Jell-0	18. BBQ Beef Sandwich Broccoli & Cauliflower Piccadillies Watermelon	19. Turkey Potatoes & Gravy Pea's Fruit Pizza Roll	20. Breakfast @ 9 AM Chicken Fried Steak w/ Gravy Eggs Fruited Yogurt OJ
23. All Beef Hotdog Chili Broccoli & Cheese Tropical Fruit	24. Italian Sausage w/ Peppers & Onions WW Elbow Macaroni Asparagus Mixed Fruit	25. Fish Tacos Frijoles Charros Corn Fruit in Jell-0	26. Sweet & Sour Chicken w/ Pepper & Onions Fried Rice Pineapple	27. Breakfast @ 9 AM Egg Benedict Sliced Ham Hashbrowns Fruited Yogurt V8
30. Sloppy Joe Pea's & Carrots French Fries Apple Crisp				

September 2024

EUREKA SENIOR CENTER CALENDAR

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
1. Deborah Schweble	2. CLOSED  David Morrison	3. BINGO 1-2:30 PM	4.	5. Nancy Minoletti Ronald Rankin	6. Food Bank 1-2pm BREAKFAST 9:00 AM Louise Moulton	7.
8. Peter Goicoechea	9. Raymond Hodson Lisa Jones	10. Night Dinner @ 4:30 BINGO 2-3:30 PM	11. Elko Trip Kathy Klatt	12. Golden Groceries 1-2 pm	13. BREAKFAST 9:00 AM Danny Clark	14.
15. Barbara Todd	16.	17. BINGO 1-2:30 PM	18. Food Bank 1:30-2:30pm	19. Tina Rebaleati	20. BREAKFAST 9:00 AM Rick Maza Rick McKay	21. Joy Snowden
22. Kevin Dooley	23.	24. BINGO 1-2:30 PM	25. Cheri Sestanovich	26. Lions Club Raffle & Senior Bingo at Opera House 6-8:30	27. BREAKFAST 9:00 AM	28.
29. David Eastwood George Jr. Fernandes Donald Palmore Beverly Stroup	30. Rhonda Gonzales Siri Porovich					

To everyone celebrating a birthday this month, "Happy Birthday"! The Van will be going to Elko on Wednesday the 11th @ 7:00 am, weather permitting. Hope to see you here.