




October 2024

EUREKA SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.
 Monday – Friday, the Salad or Soup Bar is out at 11:30. We serve Lunch from 12:00-12:30 pm.
 We provide 100% fruit juice and milk daily.

HOMEBOUND CLIENTS: For any meal cancellations or additions, please call before **7:30 AM** when it's breakfast & **9:30 am** when it's lunch. 237-5597


If you do not call, there will be no changes to the delivery list. Thank You

MON.	TUES.	WED.	THURS.	FRI.
	1. Baked Fish Cream Style Corn Green Salad Fruit in Jell-0	2. Roast Beef Potatoes & Gravy Brussel Sprouts Applesauce Roll	3. Mongolian Beef White Rice Broccoli Mandarin Oranges	4. Breakfast @ 9 Eggs, Ham, Onions, Cheese & Potatoes Burrito Fruited Yogurt OJ
7. Turkey Bean Burrito Spanish Rice Refried Beans Pineapple	8. Pattie Melt Oven Fries Green Beans Fruit Cocktail	9. Chicken Cordon Bleu Asparagus Rice Pilaf Fruit in Jell-0	10. Salisbury Steak Potatoes & Gravy Broccoli & Cauliflower Apple Crisp Bread	11. Breakfast @ 9 French Toast Fried Eggs Bacon Fruited Yogurt V8
14. Chicken Patty Club on Bun Cali Blend Hawaiian Macaroni Salad Mandarin Oranges	15. Night Dinner @ 4:30 Ribs Corn on the Cob Baked Potato WW Bread Sticks Fruit Pretzel Salad	16. Salmon with Angel Hair Pasta Asparagus Tropical Fruit Bread	17. Ham & Bean Soup WW Fried Bread Apple Coleslaw	18. Breakfast @ 9 Oatmeal Sausage Patties Fruited Yogurt WW Toast OJ
21. Chicken Broccoli Rice Casserole Bread Pineapple	22. Chicken Fried Steak Potatoes & Gravy Green Beans Fruit in Jell-0 Bread Sticks	23. Chicken & Dumpling Green Salad Peaches Bread	24. Baked Meat Loaf Scalloped Potatoes Carrots Mixed Fruit	25. Closed for Nevada Day 
28. Corn Potato Chowder Grilled Turkey & Cheese Sandwich Chips Tropical Fruit	29. Spaghetti & Meatballs Green Beans Peaches Bread	30. Baked Pork Chops Potatoes & Gravy Brussel Sprouts Spiced Applesauce	31. Beef Stew Bread Fruit in Jell-0 Treats	

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EUREKA SENIOR CENTER

CALENDAR

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
		1. BINGO 1-2:30 PM Deborrah Lea Neilson	2. Jim Goicoechea	3.	4. Food Bank 1-2pm BREAKFAST 9:00 AM Lee Raine	5. Dennis Gordon
6.	7.	8. ELKO TRIP @ 7:00 am BINGO 1-2:30 PM	9.	10. Golden Groceries 1-2 pm	11. BREAKFAST 9:00 AM Clyde Oram	12.
13. Tobias Conzalez-Quezada	14.	15. Night Dinner @ 4:30 BINGO 2-3:30 PM Judee Craig	16. Food Bank 1:30-2:30pm	17.	18. BREAKFAST 9:00 AM Rex Moore	19. Gerald Sestanovich
20.	21. Kealoha Maza	22. BINGO 1-2:30 PM	23. Dean Day Glenn Dempsey	24. Roger Spear	25. CLOSED  HAPPY NEVADA DAY	26.
27.	28. Reynard Moody Guadalupe Luna-Gonzalez	29. BINGO 1-2:30 PM	30.	31.  Leanna Cantrell		

To everyone celebrating a birthday this month, "Happy Birthday"! The Van will be going to Elko on Tuesday the 8th @ 7:00 am, weather permitting. Hope to see you here.

OCTOBER 2024

FANNIE KOMP SENIOR CENTER

THE MENU MAY CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

Monday – Friday, we serve lunch from 12:00 to 12:30 PM. In addition, we provide an assortment of beverages.

HOMEBOUND CLIENTS: Any meal cancellations or additions,

Would you please call before 7:30 AM when it is Breakfast & 9:30 AM when its Lunch 775-468-0466

If you do not call before this time, there will be no changes to the delivery list. Thank You.

MON.	TUES.	WED.	THURS.	FRI.
	1. Turkey Bean Soup Pb Banana Sandwich Chopped Spinach FF Creamy Italian Dressing Cantaloupe Chunks 1% Milk #24	2. Philly Cheese Steak W/ Peppers and Onion On W/W Bun Potato Fries Fresh Apple	3. Black Bean Soup W/W LS Crackers Low Fat Cheese Broccoli Salad Pear 1% Milk #22	4. L/S Sausage Egg & Cheese on W/W English Muffin Potatoes w/ Onion & Peppers Yogurt w/ Mixed Berries L/S V-8
7. Pork Tenderloin W/ Dijon Sauce Broccoli Stuffed Baked Potato Lima Beans W/W Dinner Roll Diced Peaches	8. Chicken & Dumplings Green Peas Carrot Raisin Salad W/W L/S Crackers Grapefruit Sections 1% Milk #102	9. Sloppy Joes on W/W Bun Corn on the Cob Baked Beans Garden Salad Apple W/ Peanut Butter	10. Chicken Noodle Soup Waldorf & Cheese Salad L/S W/W Crackers FF Vanilla Yogurt Raspberries Orange Juice #94	11. Biscuits and Gravy Scrambled Eggs W/ Spinach Fresh Banana L/S V-8 Juice
14. Night dinner BBQ ribs Baked beans Potato salad Broccoli salad w/w dinner roll ice cream diced peaches	15. Turkey Chili Cornbread Mixed Green Salad L/S/ L/F Italian Dressing Ambrosia 1% Milk #13	16. Tuna Salad On W/W Bread Sliced tomatoes Minestrone Soup W/ Kidney beans Pear Crisp Fresh Orange	17. Baked Meatloaf Mashed Potatoes Steamed Spinach W/W Bread Chantilly Fruit Cup 1% Milk #3	18. Chipped Beef on W/W Toast Scrambled Eggs W/ Peppers and Onions Oatmeal Fresh Orange L/S V-8
21. Sweet and Sour Chicken Fried Rice W/ Peas and Carrots Wonton Soup Chickpea Salad Tropical Fruit Cup Apple Juice	22. Pork Tostada W/ Lettuce & Tomato Spanish Rice Refried Beans Salsa & Sour Cream Tapioca Pudding Fresh Apple	23. Shepards Pie Fresh Spinach L/S Italian Dressing Apricot Bran Muffin Banana 1% Milk #29	24. Potato Omelet Mixed Veg Toasted W/W Bagel Fresh Orange Sections 1% Milk #195	25. CLOSED NEVADA DAY
28. Roast Beef Red Potatoes Mixed Vegetables Garden Salad Salad Dressing Mandarin Oranges Gingerbread 1% Milk #104	29. Chicken Quesadilla On W/W Tortilla Whole Pinto Beans Spanish Rice Salsa and Sour Cream Green Salad Baked Apple	30. Baked Salmon W/ Lemon Dill Sauce Yellow Rice Steamed Asparagus W/W Dinner Roll Cottage Cheese W/ Peaches	31. Baked Pork Chops Mashed Sweet Potatoes Steamed Green Beans Mixed Green Salad LF French Dressing 3 Bean Salad Cantaloupe 1% Milk #110	

October 2024

FANNIE KOMP CENTER CALENDAR

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.1.
		1. Candice Wallace	2.	3. Scott Calhoun Debra Mason	4.	5. Kit Brenadom Floyd Herring
6. Debra Arney	7. Food bank	8. Men's Elko trip	9.	10. Women's Elko trip	11. Golden grocery's William Cassels Larry Contorno	12.
13.	14.	15.	16.	17. Food bank	18.	19.
20. Robert Flanders	21.	22.	23.	24. Carl Wallace	25. Closed for Nevada day's	26. Richard Manson
27.	28. John Huddleston	29.	30. Christina Bingham	31. Happy Halloween		

To everyone celebrating a birthday this month, in blue "Happy Birthday"!

Bus leaves @ 8am for The Elko trips Weather Permitting!

Food bank 10am to 11am / Golden grocery 10am to 12pm

Night dinner is on October 14th. @ 4 pm

Breakfast is every Friday at 9:00 am. We look forward to seeing you there.